IDAHO CHAPTER
American Academy of Pediatrics

November 2026 Newsletter
Highlights

- ***November 5*: Idaho AAP Dinner – Type 1 Diabetes: Screening, Staging, and Monitoring (presentation by Sanofi)**
- **Advocating for Kids**
  "My Why" Article by Tom Patterson
- **Social Media Update**
  Social Media Snapshot: September/October
- **Spotlight on a Chapter Member**
  Congratulations Chapter Champions
  Welcome to New Members
- **Upcoming Educational Opportunities/Meetings/Events**
  November 6: Webinar: Eosinophilic Esophagitis: Recognition, Diagnosis, Referral, and Management
  November 11: Webinar: The Road to Prevention: Top 10 Articles Shaping Pediatric Firearm Injury Prevention in 2025
  November 19: Idaho Immunization Summit 2026
  March 3-5, 2027: National Perinatal Assn. 2027 Interdisciplinary Conference – "Artificial Intelligence vs Intelligence Amplified: Empowering Families with Knowledge through Connection and Technology"
- **Resources**
  New QI Collaborative: ASCEND Anxiety
  Idaho WIC Outreach Materials Toolkit Available Now
- **Book Corner**
  How to Catch a Turkey by Adam Wallace and Andy Elkerton

Idaho AAP Dinner – Type 1 Diabetes: Screening, Staging, and Monitoring
We encourage you to consider joining us for our Chapter dinner:

Type 1 Diabetes: Screening, Staging, and Monitoring presented by Sanofi

Moderated by: Justin Gregory, MD, MCSI, Field Medical Director
Bryce Nelson, MD, PhD, Field Medical Director
Sydney Zackeroff, PharmD, Medical Science Liaison

When: Thursday, November 5th at 6:00 pm

Where: Cottonwood Grille
913 W. River Street
Boise, ID

RSVP via email to idahoaap@gmail.com by November 1st

Advocating for Kids

My Why by Tom Patterson

Tom Patterson shared the following My Why in the AAP My Why campaign.

Idaho Pediatrician Tom Patterson, M.D., FAAP, said he thrives on his role as a listener who empowers, treats and protects children.

"The joy of caring for children is a gift, but the purpose runs deeper."

Spotlight on a Chapter Member

Congratulations Chapter Champions

Congratulations to Andrea Prasch who is our new Adolescent and Young Adult Health Chapter Champion. Andrea will be working with AAP and Chapter Champions around the country to:

- Coordinate information sharing and shared advocacy efforts on adolescent and young adult health issues.
- Create a lasting network for collaboration and professional connections across chapters.

Congratulations and a big thanks to Lisa Barker who will serve a second term as our Immunization Champion.

Welcome to New Members

Alexandria Ahlm, Boise (Resident)
Dayna Carlson, Boise (Resident)
Amy Guzek, Boise
Josie Joseph, Boise (Resident)
Savarra Mantzor, Boise
Balasubramanyan Napa, Idaho Falls
Katherine Anderson, Pocatello
Christian Casteel, Boise (Resident)
Tyler Harris, Meridian
Anisha Konkipudi, Meridian (Medical Student)
Natasha Miller, Nampa
Bradley Phillips, Boise

Social Media Update

Social Media Snapshot: September and October

Over the past two months, we've continued growing our Idaho AAP community and sharing timely, engaging pediatric health and safety content with Idaho families!

A few highlights:

- **Growing our community:** We welcomed 36 new followers across September and October on Instagram and 10 new Facebook followers in the month of October.
- **Voting Encouragement:** We shared two posts across September and October to encourage parents to vote in the Midterm elections. If you are reading this, take it as your reminder to **VOTE.**
- **Meet the Monsters of Childhood Past**  **:** Our spooky-season vaccine carousel was a standout, reaching approximately **6,400 views**!
- **RSV Awareness:** Our October RSV season post reached approximately **3,100 views**, helping families learn about ways to protect babies.
- **Seasonal safety:** We shared Halloween costume safety tips, safe sleep reminders, and flu and RSV awareness content to help families prepare for the fall season.

And as always, throughout September and October, we continued our vaccine-confidence messaging through content highlighting Vitamin K protection for newborns, the start of RSV season and ways to protect babies, MMR vaccination, and the diseases vaccines help prevent. We also shared trusted, evidence-based resources to help parents make informed decisions about their children's health.

Looking Ahead

As we head into November, we're exploring seasonal safety topics, including Thanksgiving injury prevention, carbon monoxide awareness, and National Injury Prevention Day on November 18. We'll also be highlighting relevant health awareness topics and collaborating with **Idaho Sound Beginnings (ISB)** in early November to connect families with their organization and mission.

Social Media Update (cont.)

Don't ghost us 👻, stay connected!

Have a topic you'd love to see us cover? We'd love to hear your ideas! Reach out at our new email: **marketingidahoaap@gmail.com**.

As we head into November and the holiday season, our mission remains the same: sharing trusted, evidence-based information to help Idaho kids stay healthy, safe, and thriving. No tricks, just reliable resources for Idaho families!

Help our community grow by sharing our pages with friends, family, coworkers, clinics, community partners, and anyone who wants reliable child health information.

Follow along for more tips and resources!

- 🎃**Instagram:** @idahoaapediatrics
- 🦇**Facebook:** Idaho Chapter of the American Academy of Pediatrics

Wishing you and your family a safe and happy Halloween!

Upcoming Educational Opportunities/Meetings/Events

***November 6*: Webinar: Eosinophilic Esophagitis: Recognition, Diagnosis, Referral, and Management**

EoE is one of the fastest-growing digestive diseases in the U.S., now affecting an estimated 1 in 700 people. Arizona Chapter, American Academy of Pediatrics invites you to a free, interactive webinar focused on this chronic, immune-mediated disease, which can present differently across childhood and adolescence.

This practical session will help pediatric clinicians strengthen recognition of EoE signs and symptoms, consider useful screening questions, and understand when referral to pediatric gastroenterology and/or allergy subspecialists may be appropriate. The program will include an expert presentation, an interactive learning activity, and time for live Q&A.

- Webinar: Eosinophilic Esophagitis: Recognition, Diagnosis, Referral, and Management
- Date and time: Friday, November 6, 2026, 10:00 a.m. MT
- Faculty: Rajitha Venkatesh, MD, MPH, FAAP
- Cost: Free
- Register here: https://us06web.zoom.us/webinar/register/WN_9Yf5C_CsRzC7xDBQ_S_tPw#/registration

Please share this invitation with pediatric clinicians, trainees, nurses, nurse practitioners, physician assistants, and other colleagues who may benefit. Registrants may submit questions for the faculty member when they register.

Sincerely,

Kyra O'Sullivan | Chief Impact Officer
Arizona Chapter of the American Academy of Pediatrics
2600 North Central Avenue, Suite 1610, Phoenix, AZ 85004

Direct: 602-532-0137 x412 | Fax: 602-532-0139
Email: kyra@azaap.org | Website: AzAAP.org

November 11: **Webinar: The Road to Prevention: Top 10 Articles Shaping Pediatric Firearm Injury Prevention in 2025**



Register Now:

Fwd: FIPSIG E-Blast: Webinar Series Registration & Community Transition - idahoaap@gmail.com - Gmail

***November 19*:** **Idaho Immunization Summit 2026**

IIC Idaho Immunization Coalition

Join us for the Idaho Immunization Summit 2026:

Preparing for the Next Global Outbreak

The 2026 Summit will bring together four respected voices in healthcare for important conversations about **preventing the next global outbreak, protecting newborns, and advancing the power of vaccines and preventative care.**

(See additional details on following page)

***November 19*: Idaho Immunization Summit 2026 (cont.)**



We are passionate about public health, prevention, and the role vaccines play in keeping our communities healthy and prepared. We hope you'll join us for what promises to be an engaging and important day with some of the leading voices in healthcare.

Click Here to Register

Upcoming Educational Opportunities/Meetings/Events (cont.)

***March 3-5, 2027*: National Perinatal Assn. 2027 Interdisciplinary Conference – "Artificial Intelligence vs Intelligence Amplified: Empowering Families with Knowledge through Connection and Technology"**



REGISTER to JOIN US in St. Louis

IRB-Approved Research Study (26-0408) on Rural Primary Care Providers' Perspectives on Using AI-Based Communication Tools



Resources

Idaho WIC Outreach Materials Toolkit Available Now

Do your staff or patients know about the Women, Infants, & Children (WIC) Program — what it offers and who qualifies? If not, this toolkit provides everything you need to help introduce WIC.

- Two sign sizes highlighting WIC benefits and a QR code linking to **www.signupwic.com**, where families can find their local WIC clinic and check eligibility (English and Spanish).
- Trigger cards: a one-page overview of WIC and who qualifies (English and Spanish). Digital versions are also available in Arabic, Dari, Pashto, Somali, Swahili and Ukrainian. Email **WICnutrition@dhw.idaho.gov** if you'd like copies emailed to you.
- A short 3-minute video explaining what WIC is, what it offers, who qualifies and the benefits — ideal for clinics, trainings, waiting rooms or patient rooms.
- PowerPoint and PDF versions of the video content for flexible use.

If you are a provider and would like information about what exempt/specialty formulas or nutritionals WIC offers, the **WIC Partners page** has everything you need. You can also access the toolkit there.

If you have any questions or need further assistance, please reach out to **WICnutrition@dhw.idaho.gov** — we're happy to help.



Book Corner

How to Catch a Turkey by Adam Wallace and Andy Elkerton

This hilariously zany children's picture book combines STEAM concepts and traps with a silly story and fun illustrations, perfect for starting a new fall family tradition this autumn or giving as a Thanksgiving gift for kids ages 4 and up.

